

Class Schedule

TIME	MON		TUE		WED		THU		FRI	
	MAIN DOJANG	SIDE DOJANG	MAIN DOJANG	SIDE DOJANG	MAIN DOJANG	SIDE DOJANG	MAIN DOJANG	SIDE DOJANG	MAIN DOJANG	SIDE DOJANG
01:00 PM To 01:50 PM			All Ages All Belts				All Ages All Belts			
01:30 PM To 02:20 PM					All Ages All Belts					
01:50 PM To 02:20 PM				Age 3 only				Age 3 only		
02:00 PM To 02:50 PM	AMP									
03:00 PM To 03:30 PM										Age 3
03:00 PM To 03:50 PM	AMP									
03:40 PM To 04:30 PM			AMP		AMP		AMP		AMP	
04:30 PM To 05:20 PM	Purple to Red Belt		AMP	AMP	AMP	AMP	AMP	AMP	AMP	AMP
05:20 PM To 06:10 PM	No belts Only		No belt to Ornage Belt		Purple to Red Belt		No belt to Ornage Belt		Purple to Red Belt	
05:50 PM To 06:40 PM		Green & Blue Belt		Green & Blue Belt		Green & Blue Belt		Green & Blue Belt		Green & Blue Belt
06:10 PM To 07:00 PM	Family & All Belts		Purple to Red Belt		No belt to Ornage Belt		Purple to Red Belt		No Belt to Orange	
06:40 PM To 07:30 PM		Age 3 only		Dream Team		Jr. Black Only		Hae Dong Gum Do		Jr. Black & Black Belts
07:10 PM To 08:00 PM	Age 12 & up Adult	Jr. Black & Black Belts	Jr. Black & Black Belts		Family & All Belts		Only Black Belts		Family & All Belts	
07:40 PM To 08:40 PM				Belly Dance Class I				Belly Dance Class I		

08:00 PM To 09:00 PM	* Elite Team - 1st Monday * Instructor & Staff -2nd Monday * Parents Night-3rd Monday	Age 12 & up Adult		Age 12 & up Adult	All Black Belts	Age 12 & up Adult		Age 12 & up Adult & Black Belts	Dream Team
08:40 PM To 09:40 PM				Belly Dance Class II				Belly Dance Class II	

TIME	SAT	
	MAIN DOJANG	SIDE DOJANG
09:00 AM To 09:50 AM	Green to Red	
09:50 AM To 10:40 AM	No belt to Orange	
10:40 AM To 11:30 PM	Jr. Black & Black Belts Teen & Adult	
11:30 AM To 12:00 PM	Weapon Class Black Belts Only	
12:00 PM To 01:00 PM		Private Lesson or Make up Test
12:15 PM To 01:30 PM	Demo Team	
01:30 PM To 03:30 PM	Birthday Party	

- **AMP = After School Martial Arts Program (Transportation provided from school to AMAC)**
- **Group Test: Feb, April, June, Aug, Oct & Dec**
Black Belt Test: March, July & Nov
Sparring Week: Each month, students will practice one week of sparring.
- **March-Picture day / Nov - Halloween Party / Dec - Annual Holiday Party**
Demo Team & Dream Team Begins February
- **Belt Order:**
No Belt, White, White Stripe, Gold, Orange, Green, Blue, Purple, Brown, Red, Jr. Black & Black
- **Hae Dong Gum Do lessons are free to AMAC 2nd Dan Black Belt & up.**
- **PARKING RULES:**
 - Mon-Fri 4pm-7pm: All cars must be parked in the rear of the building.
 - **One-way** is observed at all times.
 - **Please do not block any of the entrances at any time.**
 - **If your class is scheduled in Side Dojang, please enter and exit using the Side Dojang entrance.**

Awesome TKD Birthday Party !!

Party includes 2 hours of fun packed games, board breaking, TKD Demo, Samuri Cake cutting

You supply the kids, we supply the fun!!!

Reserve your party date today !



- For Tae Kwon Do class, students will stretch together in the Main Dojang.
- For Tae Kwon Do class, students will stretch together in the Main Dojang.
- After stretching, students will divide into their belt levels.
- If your class is scheduled in Side Dojang, please enter and exit using the Side Dojang entrance. After Class is over, students will exit via the same entrance unless you have special request.

VIP Pass Program

Share Tae Kwon Do with a FRIEND and you both benefit

How does the VIP rewards program work?

1. Pick up VIP passes at the front desk today.
2. Share the passes with friends and family.
3. Earn a SPECIAL V-Neck uniform or a school jacket when your friends and family sign up for our regular program.

